

SPS Thrive Certification Scorecard

Wanting to grow is easy. Knowing where to start isn't. The SPS Thrive certification exists to provide a framework for anyone in the SPS family to use and grow personally and professionally.

This voluntary process will help you clarify your goals and track progress over a 12-month period.

In a world that is ever-changing, becoming SPS Thrive certified shows your family, teammates, supervisors and yourself that you refuse to sit on the sidelines and be passive. *We'll bring the fuel. You bring the fire!*

Start Date: _____

Completion Date: _____

Wellness

<i>Area</i>	<i>Goal</i>	<i>Completed</i>
Physical	_____	_____
Nutritional	_____	_____
Mental	_____	_____
Financial	_____	_____
Elective Course or Activity	_____	_____

Professional Development

<i>Area</i>	<i>Course/Workshop</i>	<i>Completed</i>
Growth Mindset	_____	_____
Team Player	_____	_____
Personal Accountability	_____	_____
Interpersonal Skill	_____	_____
Elective Course or Activity	_____	_____

Example scorecard

Start Date: 10/2/2017

Completion Date: 9/28/2018

Wellness

<i>Area</i>	<i>Goal</i>	<i>Completed</i>
Physical	<u>Commit to noon-time workouts for 90 days</u>	<u>3/31/18</u>
Nutritional	<u>Drink 90 oz of water every day for a month</u>	<u>11/2/17</u>
Mental	<u>Read the book I've wanted to finish (10 pgs/day)</u>	<u>7/31/18</u>
Financial	<u>Six month emergency fund</u>	<u>9/28/18</u>
Elective Course or Activity	<u>Relay for Life</u>	<u>4/7/18</u>

Professional Development

<i>Area</i>	<i>Course/Workshop</i>	<i>Completed</i>
Growth Mindset <u>10/5/17</u>	<u>Built to Win workshop pt. 1</u>	
Team Player <u>10/12/17</u>	<u>Built to Win workshop pt. 2</u>	
Personal Accountability <u>10/19/17</u>	<u>Built to Win workshop pt. 3</u>	
Interpersonal Skill <u>1/22/18</u>	<u>Humble Inquiry webinar</u>	
Elective Course or Activity <u>6/19/18</u>	<u>UltiPro Learning: Traits of Successful Leaders</u>	

If you need any help with identifying relevant and manageable goals, free consultation is available and is just one email away. Contact Tom Roesler (tom.roesler@spsci.com) for more information.